

When you do the Bridge Drill you will be working on all of the essential components of a good putting stroke at the same time. When you are on the course you will then have the confidence that comes with dedicated and precise putting practice.

These putting fundamentals are:

- *Perfect Putting Arc alignment
- *Square putter face initial alignment
- *Correct putter path
- *Square putter face at impact
- *Correct putter toe release
- *Consistent head, eye and body alignment
- *Consistent distance from feet and body to ball
- *PRECISE DISTANCE CONTROL in 12" to 14" increments
- *Perfect "line-on-ball" alignment

Using the Alignment Mat you can practice with ANY of the Putting Arc models, and always be assured they are perfectly aligned with your "aim point". With the Alignment Mat, you can use any of the other model Arcs along with the MS-3D or T4 and perform the Slo-Mo Drill, Bridge Drill, or Distance Control Drill, as shown in the below pictures.



Deluxe and T4



MSIII and T4



MS-3D and T4



T3 and MS-3D

A special note for "line-on-ball" users —Before we cover the drills, we should comment on the application of these drills to those who use a line on their golf ball to help align their putts. These drills will help the "line on ball" golfers even more than those who do not use a line. Every practice putt will be done with perfect alignment, not only of the putter head, putting stroke and body, but also the line on the ball. After a while, this golfer will have full confidence that all of his/her alignments are correct, including the line on the ball.

Slo-Mo Drill

1. Remove the T4 from the bag, unroll the Alignment Mat, and place it on any flat surface where you can take a correct putting stance. You do not need a ball or a putting surface for this drill. It can be done anywhere.

2. Center your putter face on the vertical centerline of the Mat and locate the T4 on one of the curved lines, about 1/4" above the top of the putter. Next, locate the T3 or any other heel Arcs on one of the curved lines below the heel of your putter, about 1/4" below the heel, with the center line of the arcs over the short vertical center line of the Mat.

3. Now make a step by step practice stroke with your putter, starting with the face even with the center line. Take the putter back, stop at each line, and check to make sure your putter face is aligned with the line on the Mat.

4. Next, make a forward stroke, stopping at each line on the Mat. Make sure your putter face is square to the center line at the impact position. Do all of this by setting up in a good putting posture and rotating your arms and shoulders, NOT by manipulating the putter with your hands and trying to move it in an arc.

5. When you can do the above, make a putting stroke, trying to keep the putter between the arcs and not touching either.

6. Do this for a few minutes each day before doing one or both of the following drills:



Slo-Mo Drill