

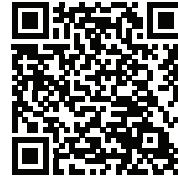
# PUTTING ARC<sup>®</sup>

PAT # 6,561,920 B1

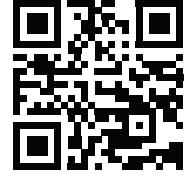
## ALIGNMENT MAT AND PUTTING PRACTICE KIT

### Items needed for the Distance Control Drill:

1. Putting Practice Kit, with T3, T4, Alignment Mat, mirror and 10 practice holes
2. 16 to 20 golf balls
3. A suitable putting surface (12" to 18" wide by 15' to 18' long – see above)
4. 20' of string, heavy thread or a chalk line
5. A Sharpie for a permanent mark or a dry erase pen for a removable mark.
6. 2 heavy books for inside use or two golf tees for use on a real golf green. These will allow you to stretch the string and set up the drill by yourself.



Scan for Distance  
Control Drill Video



Scan for Putting Arc  
Home Page

### Setting up for the Distance Control Drill

1. Find an 15' to 18' level area on a practice green or indoors for your putting track. It can be a straight putt or have a left or right break. It does not matter for this drill.
2. Stretch the string or thread between the books if you are inside, between two tees if you are on a real green, or snap a chalk line on the putting surface.
3. With the Sharpie or dry erase pen, make a single dot under the string at the left end of the string and two dots 18" apart at the right end of this string. You can also use 3 small pieces of tape or sticky circles to write on.
4. Remove the string, align the Alignment Mat centerline with the two dots on the right and place a tee on the left dot. This is always your aim point, and your Alignment Mat and Putting Arcs will always be perfectly aligned.
5. Place a practice hole at your aim point, then every 12" to 14" toward the Alignment Mat, using 8 to 10 practice holes. These holes can be centered on the line or to either side of it.

### Performing the Distance Control Drill

1. Set up the Alignment Mat and Putting Arcs as you did when you practiced in the Bridge Drill above. You can do this drill with just the heel arc Putting Arc, the toe arc Putting Arc or with both. However it is best if you use both so you do not ingrain a radial force in your putting stroke.
  2. Using two balls for each practice hole, place a ball in the front hole on the Alignment Mat and carefully align the line on the ball if you use the ball line. Putt to the farthest hole using the heel arc. If the ball goes more than 12" to 14" past the hole or does not get to it, retrieve the ball and putt it again. The back of the ball should **always** be even with the short, verticle center line of the Mat.
  3. When you have stopped your putt at the correct distance, do the same with the toe arc and the farthest hole.
  4. When you have two good putts to the farthest hole, repeat the above drill using the next closest hole, then work your way to the hole nearest to the Alignment Mat hole, using all 8 to 10 practice holes.
  5. Retrieve your balls and repeat the drill as often as possible. If you can do this drill at least once every day, you will soon develop a pro-quality putting stroke and be confident in your ability to correctly aim your putter and ball, and control your distance.
- With the Alignment Mat you can practice with ANY of the Putting Arc models, and always be assured they are perfectly aligned with your "aim point".

**Finally, you can use the Alignment Mat with any of the other model Arcs along with the MS-3D or T4 and perform the Bridge Drill or Distance Control Drill.**

**Important Note! The Alignment Mat should always be used and stored flat on a flat horizontal surface, or rolled up into a 1 ½" x 12" tube, with the printed grass side out. This will give you a smooth surface on which to putt and maximum Mat life.**