

# PUTTING ARC® T4

PAT # 6,561,920 B1

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## Items needed for the Distance Control Drill:

1. Putting Practice Kit, with T3, T4, Alignment Mat, mirror and 10 practice holes
2. 16 to 20 golf balls
3. A suitable putting surface (12" to 18" wide by 16' to 18' long – see above)
4. 20' of string, heavy thread or a chalk line
5. A Sharpie for a permanent mark or a dry erase pen for a removable mark.
6. 2 heavy books for inside use or two golf tees for use on a real golf green. These will allow you to stretch the string and set up the drill by yourself.

## Setting up for the Distance Control Drill

1. Find an 18' level area on a practice green or indoors for your putting track. It can be a straight putt or have a left or right break. It does not matter for this drill.
2. Stretch the string or thread between the books if you are inside, between two tees if you are on a real green, or snap a chalk line on the putting surface.
3. With the Sharpie or dry erase pen, make a single dot under the string at the left end of the string and two dots 18" apart at the right end of this string.
4. Remove the string, align the Alignment Mat centerline with the two dots on the right and place a tee on the left dot. This is always your aim point, and your Alignment Mat and Putting Arcs will always be perfectly aligned.
5. Place a practice hole at your aim point, then every 12" to 14" toward the alignment mat, using 8 to 10 practice holes. These holes can be centered on the line or to either side of it.

## Performing the Distance Control Drill

1. Set up the Alignment Mat and Putting Arcs as you did when you practiced in the Bridge Drill above. You can do this drill with just the heel arc Putting Arc, the toe arc Putting Arc or with both, but is best if you use both so you do not ingrain a radial force in your putting stroke.
2. Using two balls for each practice hole, place a ball in the front hole on the Alignment Mat and carefully align the line on the ball if you use the ball line. Then, putt to the farthest hole using the heel arc. If the ball goes more than 12" to 14" past the hole or does not get to it, retrieve the ball and putt it again.
3. When you have stopped your putt at the correct distance, do the same with the toe arc and the farthest hole.
4. When you have two good putts to the farthest hole, repeat the above drill using the next closest hole, then work your way to the hole nearest to the Alignment Mat hole, using all 8 to 10 practice holes.
5. Retrieve your balls and repeat the drill as often as possible. If you can do this drill at least once every single day, you will soon develop a pro-quality putting stroke and be confident in your ability to correctly aim your putter and ball.  
Using the T4 Alignment Mat you can practice with ANY of the Putting Arc models, and always be assured they are perfectly aligned with your "aim point".

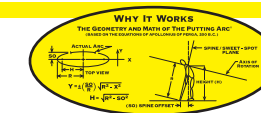
With the Alignment Mat, you can use any of the other model Arcs along with the MS-3D or T4 and perform the Bridge Drill or Distance Control Drill .

**Important Note! The Alignment Mat should always be used and stored flat on a flat horizontal surface, or rolled up into a 1 ½" x 12" tube, with the printed grass side out. This will give you a smooth surface on which to putt and maximum Mat life.**

[www.thePuttingArc.com](http://www.thePuttingArc.com) and 800-898-0701 M-F 9-5 ET



## Instructions for Use Putting Arc T4 Putting Practice Kit



## Overview

This new product was developed with input from some of the many professional golfers who have been using a Putting Arc since it was patented in 2002. These golfers have traveled the world with a Putting Arc in their golf bag or suitcase, and often they carried around the larger, heavier models. The Putting Practice Kit makes this chore much easier.

The drills below are unique to the Putting Arc, and the Bridge Drill has been used on the LPGA Tour for at least three years by two players. It is even nicknamed "The Anna Drill" after one of these very good lady golfers.

Just remember – this practice kit is **not** solely for the touring professional golfer! It is intended for any golfer, from junior, high school, college, top amateur or weekend warrior who wants to become a better putter. The only trait they must have in common is a desire to putt better and the willingness to work on this a bit EVERY day.

With the Putting Arc T4 Putting Practice Kit, you have all of the tools needed to develop a high-quality, on-plane, pro-style putting stroke. This can be done in the comfort of your own home, on the practice green at your golf course or in your motel room when you are traveling.

The full kit includes a T3 Putting Arc, the new T4 Putting Arc that nestles inside the T3 for travel, a roll-up Alignment Mat, adjustable mirror, 10 practice holes, instruction manual, extra Velcro hook pads for your existing Putting Arcs, and a carrying bag for all of the above. All of these components are available as a full kit, or can be purchased individually.



Scan for original  
Putting Arc Video



Scan for  
Putting Arc  
Home Page

This instruction sheet details how you can perform the Putting Arc "Slo-Mo Drill", "Bridge Drill", and "Distance Control Drill." With the Bridge Drill you can work on your putting stroke almost anywhere, with or without a ball and on almost any type of surface. With the Distance Control Drill you can work on all of the putting fundamentals, listed below, at the same time. This is a fun drill that can be done EVERY day, in the comfort of your own home, and even while watching golf on television.

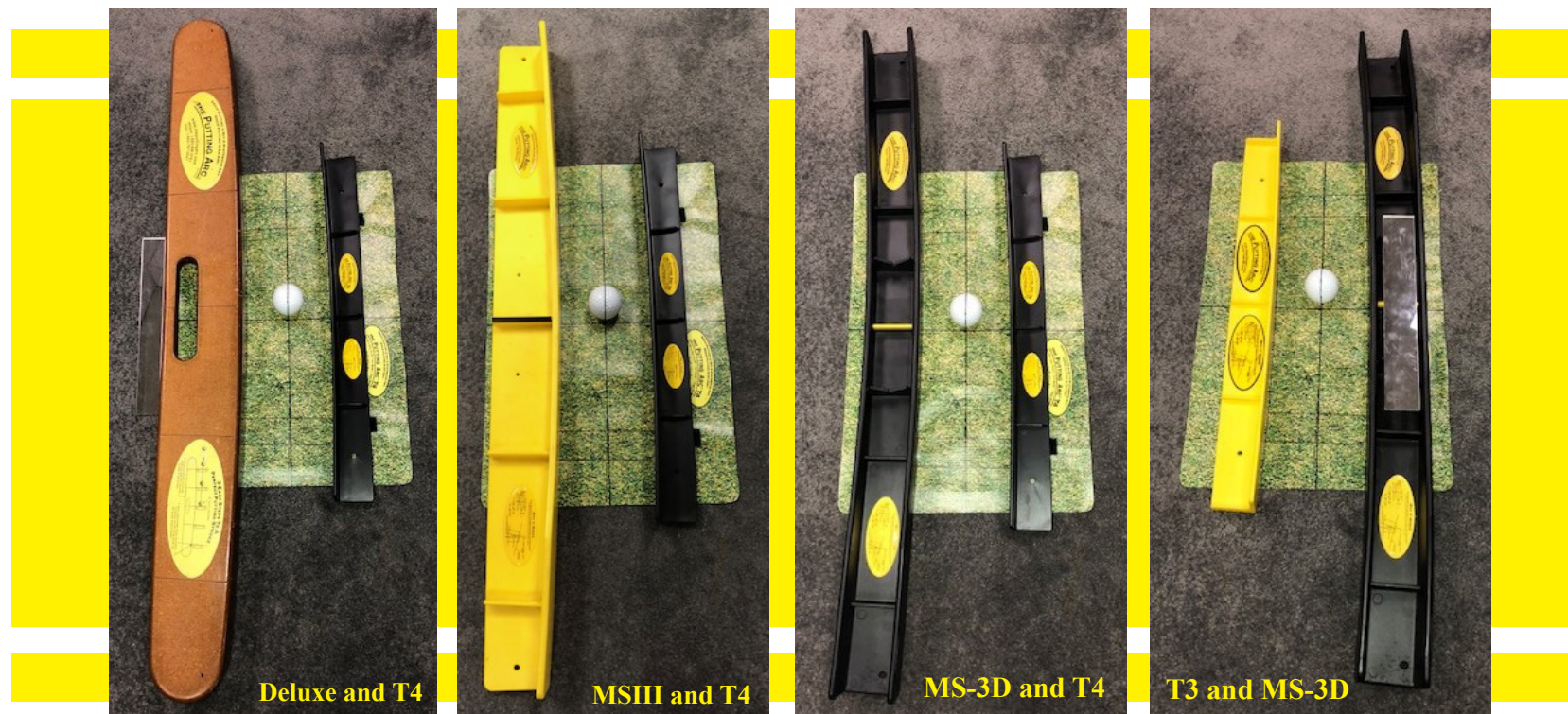


When you do the **Bridge Drill** you will be working on all of the essential components of a good putting stroke at the same time. When you are on the course you will then have the confidence that comes with dedicated and precise putting practice.

**These putting fundamentals are:**

- \*Perfect Putting Arc alignment
- \*Square putter face initial alignment
- \*Correct putter path
- \*Square putter face at impact
- \*Correct putter toe release
- \*Consistent head, eye and body alignment
- \*Consistent distance from feet and body to ball
- \*PRECISE DISTANCE CONTROL in 12" to 14" increments
- \*Perfect "line-on-ball" alignment

Using the T4 Alignment Mat you can practice with ANY of the Putting Arc models, and always be assured they are perfectly aligned with your "aim point". With the Alignment Mat, you can use any of the other model Arcs along with the MS-3D or T4 and perform the Slo-Mo Drill, Bridge Drill, or Distance Control Drill, as shown in the below pictures.



**A special note for "line-on-ball" users** –Before we cover the drills, we should comment on the application of these drills to those who use a line on their golf ball to help align their putts. These drills will help the "line on ball" golfers even more than those who do not use a line, since every practice putt will be done with perfect alignment, not only of the putter head, putting stroke and body, but also the line on the ball. After a while, this golfer will have full confidence that all of his/her alignments are correct, including the line on the ball

**Slo-Mo Drill**

1. Remove the T4 from the bag, unroll the Alignment Mat, and place it on any flat surface where you can take a correct putting stance. You do not need a ball or a putting surface for this drill. It can be done anywhere.
2. Center your putter face on the vertical centerline of the Mat and locate the T4 on one curved line the 1/4" above the top of the putter and the T3 or any other heel Arcs on one of the curved lines below the heel of your putter, about 1/4" below the heel.
3. Now make a step by step practice stroke with your putter, starting with the face even with the center line. Take the putter back, stop at each line, and check to make sure your putter face is aligned with the line on the Mat.
4. Next, make a forward stroke, stopping at each line on the Mat. Make sure your putter face is square to the center line at the impact position. Do all of this by setting up in a good putting posture and rotating your arms and shoulders not by manipulating the putter with your hands and trying to move it in an arc.
5. When you can do the above, then make a putting stroke, trying to keep the putter between the arcs and not touching either.
6. Do this for a few minutes each day before doing one or both of the drills below



**Bridge Drill**

1. Place the Alignment Mat on the practice green or floor with the center line of the Mat pointing at your aim point. You can align it visually, with a plumb bob or stretch a string or heavy thread.
2. Align your putter head so the sweet spot is over the Mat centerline and the face is square to this line.
3. Attach the T3 or any of the other Putting Arcs to the Mat using the Velcro hook pads on the bottom of the Putting Arc. Place the Putting Arc so that the centerline of the Putting Arc matches the vertical line on the Mat, and the curve matches one of the curved lines on the Mat. When the curve of the Arc matches the curved line on the Mat, then the Putting Arc will be perfectly aligned. Additional hook pads are included in your Practice Kit, so you can use them with any model Putting Arc you may already have. Additional Velcro pads are available at Wal-Mart..
4. Place the toe arc T4 or MS-3D on the Mat with a 1/4' to 1/2' gap between the toe of the putter and the Arc. As above, when the curve of the Arc matches the curve of the Mat and the centerlines are lined up, the Putting Arc will be perfectly aligned with your aim point.
5. Make several putting strokes keeping the heel of the putter against the heel arc. Do this by rotating your arm-shoulder triangle around your spine, as shown in the original Putting Arc videos at [www.thePuttingArc.com](http://www.thePuttingArc.com). You are trying to move the putter straight back and through on an inclined plane and not consciously moving it in an arc or manipulating the face with your hands.
6. Finally, make several strokes with the toe touching the top toe arc, then try to make the same stroke between both arcs, without touching either.
7. Do the Bridge Drill with and without a ball, and when you can make a pure, non-manipulative stroke and keep between the Arcs, move on to the Distance Control Drill and do it at least once every day. It may be the only putting drill you will ever need.

**Distance Control Drill**

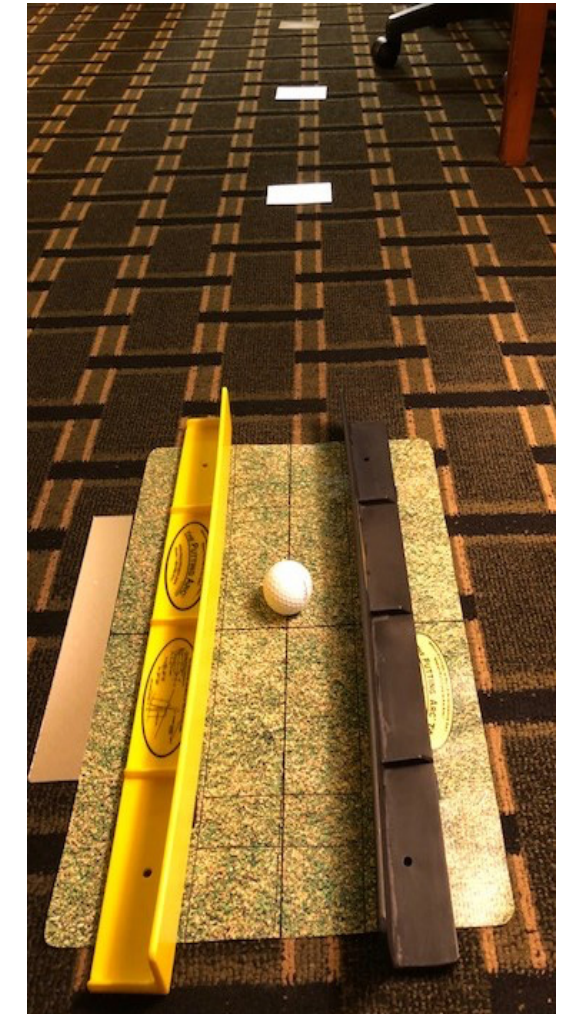
**Putting Surface** – This drill can be done on the practice green at your golf course but it is most effective if you can set up a dedicated practice area in your home, where it is easy and efficient to do this drill EVERY day.

The secret to good indoor practice is finding a putting track whose speed is similar to the greens you will be normally putting. Ideally this track should be 12" to 16" wide by 16' to 18' long, so you can practice a full range of putts from 3' to 15' in length.

- Some of your options for this surface are:
- \*A SKLZ Varibreak Putting Course (Amazon.com) Cut in half into two 16"x 8' pieces. (11 1/2 Stimp)
- \*Putt-A-Bout Golf Putting Mat (Amazon.com) Use full size or cut into two 18" x 11' pieces (10 Stimp)

- \*A low nap home or motel carpet (Stimp in pic - 8 1/2) - (According to legend, Ben Hogan would always stay at cheap motels because they had threadbare carpets that were perfect for his putting practice.

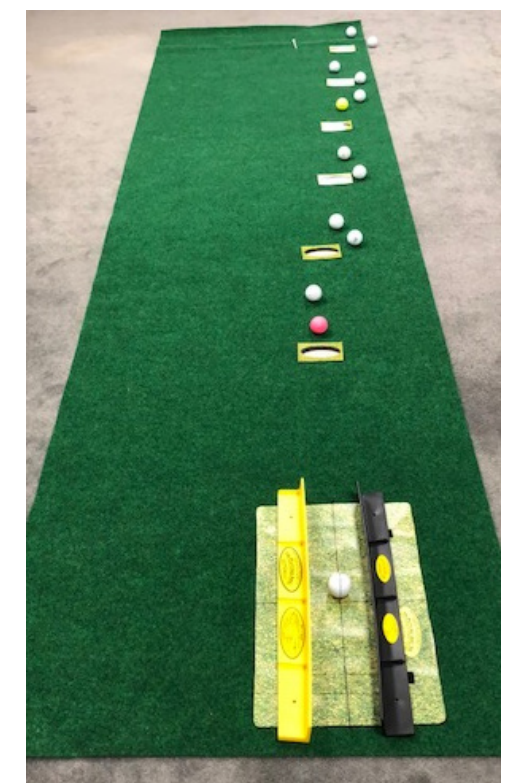
Pictures of some of these various putting surfaces are shown here:



Motel Carpet And Distance Control Drill



SKLZ Putting Track 16" x 16' and Distance Control Drill



Putt-A-Bout Putting Track 3' x 11' and Distance Control Drill